

LARK RISING

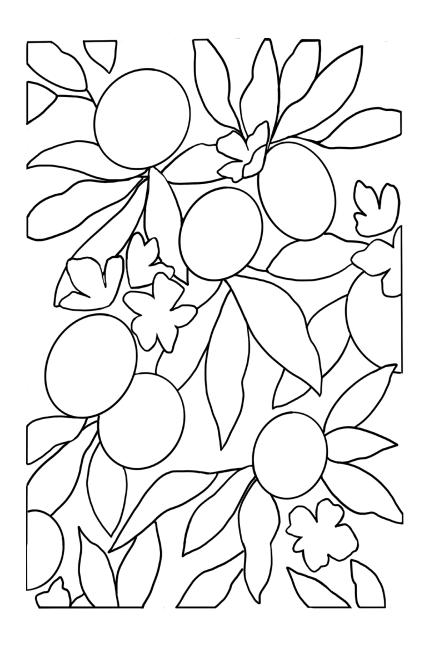
STUDIOS

in collaboration with

Creativebug, DMC, and Joann's

TRACEABLE TEMPLATE

Template should print at 4x6".



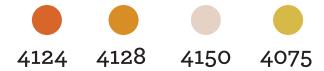
SUPPLY GUIDE

One 8" square Q-snap frame or a large embroidery hoop
Fabric of your choice 12" square (cotton or linen blend fabric is best)
Embroidery thread (see color guide)
1 embroidery needle
Small scissors
Erasable fabric pen*

The thread colors featured in this pattern are listed below, however this pattern is extremely versatile. The fruit can be stitched in different colors to look like plums, tomatoes, lemons, limes, etc. and the leaves can be any color you desire. Feel free to explore your own color preferences for this project.

COLOR GUIDE

This pattern features DMC variegated cotton embroidery floss. For the oranges and blossoms I used the following variegated colors:



Stitch the leaves with solid cotton embroidery floss in the following colors:

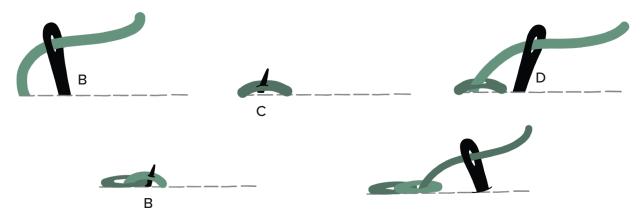


Instructions

1 Fill each fruit with concentric circles of split stitch using 4 strands of thread. Begin by stitching a ring around the outer edge of the fruit and then add additional rows on the inside of the first row until the fruit is completely filled.

SPLIT STITCH HOW TO: Bring your needle up through the fabric at A and reinsert it down through the fabric at B. Bring your needle back up through C, splitting the existing stitch in half with your needle. Reinsert your needle through D and bring it back up through point B, splitting the thread in the new stitch.





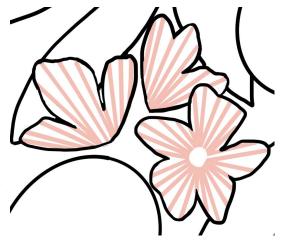


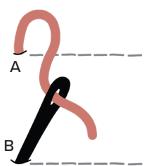


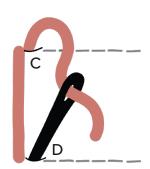


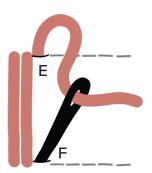
2 Stitch the flowers using satin stitch, with stitches angled from the center or base of the flower toward the petal edges. Use 3 strands of thread. Leave an opening at the center of whole, open flowers, as this will provide space for French knots at the flower centers.

SATIN STITCH HOW TO: Bring the needle up through the fabric at A and reinsert your needle at B. Bring the needle up through C and reinsert at D. Bring your needle up through E and back down through the fabric at F. Place each new stitch very close to the previous stitch—there should be no visible space between stitches. Satin stitch should look the same on the back of your fabric as it does on the front.

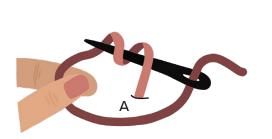








FRENCH KNOT HOW TO: Bring your needle up through the fabric at A, exactly where you want your knot to sit. Continue holding your needle with your stitching hand, and using your opposite hand, wrap the thread twice around your needle. Continue holding both the needle and thread, using both your hands, pulling the wrapped portion of the thread snugly around the needle. Reinsert your needle at A, or at a point just next to A, while holding tension in your thread with your opposite hand, continuing to pinch the thread between the fabric and needle. Push your needle all the way through the fabric and pull the excess thread through to the back side of your fabric. Do not release the point where you are pinching and keeping tension in your thread until nearly all the thread is pulled through to the other side. A finished knot should sit snugly against the fabric, with all strands of thread sitting cleanly









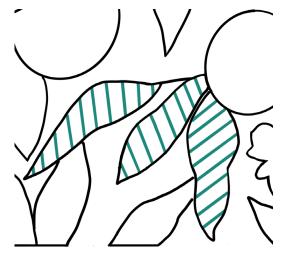




Continue using satin stitch to fill in the leaves. Instead of extending your stitches along the length of the leaf, or straight across, try stitching them on a diagonal across the short length of each leaf. I suggest using at least 2-3 colors for your leaves (I chose 5). Use 3 strands of thread. Place a single straight stitch over stems.







If you stitched your project in a hoop or Q-snap frame, remove the fabric and erase any traced markings with a hair dryer or heat gun. To display like the example, careful stretch the fabric around a fabric-wrapped piece of hardboard, matte-board, or thin plywood, gluing the fabric to the back of your hard surface. Work carefully making sure not to warp the design or bunch your stitching. Display in the frame of your choosing using an acid free matte to highlight your work.





Are you on Instagram? We'd love to see photos of your work with this pattern! Share your finished pieces and works in progress, tagging it with @larkrising, @creativebug, @joann_stores, and @dmc_embroidery.